Important Updates

We have some important updates to share with you. These changes are to your Member Handbook, so please keep this as a reminder.

The changes are in the My Health Pays® section on pages 23-25. Please refer to this insert instead of what is in the Member Handbook as the details are no longer correct.

My Health Pays® Program

WellCare of North Carolina rewards members who take steps toward good health. It's part of our My Health Pays® program. Eligible members receive rewards based on paid claims. Eligible members are those with WellCare of North Carolina as the primary payer. You can earn up to $75 each year just for doing things like getting your checkups and screenings as shown in the following chart:

Program	Focus Area	Activity Criteria	Incentive Type	Incentive Value
Children's Health	Ages 0-24 months	Requires completion of all of the following vaccines: ✔ Four (4) diphtheria, tetanus and acellular pertussis (DTaP) ✔ Three (3) polio (IPV) ✔ One (1) measles, mumps and rubella (MMR) ✔ Three (3) haemophilus influenza type B (HiB) ✔ Three (3) hepatitis B (HepB) ✔ One (1) chicken pox (VZV) ✔ Four (4) pneumococcal conjugate (PCV) ✔ One (1) hepatitis A (HepA) ✔ Two (2) or three (3) rotavirus (RV) ✔ Two (2) influenza (flu)	Prepaid	$25

Program	Focus Area	Activity Criteria	Incentive Type	Incentive Value
Children's Health (continued)	Ages 0-15 months	Complete all well-child visits per well-child checkup schedule. Members may complete up to six (6) visits between 0-15 months.	Prepaid	$25
	Ages 15-30 months	Complete all well-child visits per well-child checkup schedule. Members may complete up to two (2) visits between 15-30 months.	Prepaid	$25
	Ages 0-13 years	Must complete all vaccines by 13th birthday: ✔ One (1) dose of meningococcal ✔ One (1) tetanus shot ✔ Diphtheria toxoids and acellular pertussis (Tdap) ✔ Human papillomavirus (HPV) vaccine series	Prepaid	$25
	Ages 3-21 years	Complete annual well-care visit (each year).	Prepaid	$25
	Ages 6-24 months	Two (2) flu vaccines by second birthday.	Prepaid	$25
Healthy Pregnancy	Prenatal Care Visits (Ages 12 and older)	Attend a prenatal visit during first trimester (or within 42 days of enrollment).	Prepaid	$25
	Completion of Prenatal Visit	Members who complete a prenatal visit can choose one (1) of the rewards listed.	Bonus Reward	Choice of a stroller, portable playpen, car seat or six (6) packs of diapers. Please call Member Services to redeem reward.
	Postpartum Care Visit (Ages 12 and older)*	Attend a postpartum visit on or between 7 and 84 days after the birth of the baby.	Prepaid	$25
Chronic Care Management	Diabetes (Ages 18-75 years)	Members with diabetes complete an annual HbA1c lab test.	Prepaid	$25
Well Women	Cervical Cancer Screening (Ages 21-64 years)	Complete office visit for an annual cervical cancer screening (pap smear).	Prepaid	$25

Program	Focus Area	Activity Criteria	Incentive Type	Incentive Value
Adult Health	Annual Adult Health Screening (Ages 20 and older)	Complete annual adult health screening (wellness visit).	Prepaid	$25
Behavioral Health	Behavioral Health (Ages 6 and older)	Go to a behavioral health provider within 30 days after a behavioral health hospital stay.	Prepaid	$25
	Behavioral Health (Ages 1-17 years)	Go to a counseling appointment within 30 days after anti-psychotic prescription.	Prepaid	$25
Tobacco Cessation	Tobacco Cessation Counseling (Ages 18 and older)	To start, members must call the Quit Line at **1-866-QUIT-4-LIFE (1-866-784-8454)**. Members will be rewarded through the My Health Pays® program for completing five (5) coaching sessions.	Prepaid	$25
Flu Shot	Ages 18 and older	Get a flu shot once per flu season: September through April.	Prepaid	$25

*Members eligible for the postpartum visit reward are those with WellCare of North Carolina as the primary payer when they deliver.

If you have any questions about any of the information above, please call Member Services at 1-866-799-5318 (TTY: 711).

You can also visit our website at www.WellCareNC.com/MyHealthPays.