



HEDIS® BEHAVIORAL HEALTH MEASURE TOOLKIT MEASUREMENT YEAR 2024

WellCare of North Carolina values everything you do to deliver quality care to our members — your patients — to ensure they have a positive healthcare experience. There are several HEDIS® behavioral health measures that providers can directly impact related to follow-up care for mental illness or substance use disorders, medication adherence, and metabolic monitoring. That's why we've created this easy-to-use At-A-Glance Toolkit. It will give you the tools you need to meet, document, and code HEDIS® measures. Together, we can provide the care and services our members need to stay healthy while also improving our quality scores and Star Ratings. Please contact your Provider Relations Representative if you need more information or have any questions.

Understanding HIPAA

Under the Health Information Portability and Accountability Act (HIPAA) Privacy Rule, data collection for HEDIS® is permitted, and the release of this information requires no special patient consent or authorization. Please be assured our members' personal health information is maintained in accordance with all federal and state laws. HEDIS® data collection and release of information is permitted under HIPAA 45 CFR 164.506 because the disclosure is part of quality assessment and improvement activities.

Updates to HEDIS® Measures (effective for calendar year 2024) This guide has been updated with information from the release of the HEDIS® 2024 Volume 2 Technical Specifications by NCQA and is subject to change.

Helpful Terms

CAHPS®: CAHPS stands for "Consumer Assessment of Healthcare Providers and Systems." The name represents a standardized approach to gathering, analyzing, and reporting information on consumers' and patients' experiences with healthcare services.

HEDIS®: The Healthcare Effectiveness Data and Information Set

Denominator: The number of members who qualify for the measure criteria, based on NCQA technical specifications.

Measurement year: In most cases, the 12-month timeframe between which a service was rendered; generally, January 1 through December 31.

Numerator: The number of members who meet compliance criteria based on NCQA technical specifications for appropriate care, treatment, or service.





Reporting year: The timeframe when data is collected and reported. The service dates are from the measurement year, which is usually the year prior. In some cases, the service dates may go back more than one year.

Interactive outpatient encounter: A bidirectional communication that is face-to-face, phone based, an e-visit or virtual check-in, or via secure electronic messaging. This does not include communications for scheduling appointments.

HEDIS Reporting Methods and Data Source:

- Administrative: Transaction Data- Enrollment, Claims, Encounter
- Hybrid: Manual Medical Record Review
- Survey: CAHPS®, Medicare Health Outcomes Survey
- Electronic Clinical Data Systems (ECDS): Enrollment, Claims, Encounter, EHRs, Registries, Case
 Management



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Administrative Measures- Mental Illness

Helpful hint: Measures reported as administrative use the total eligible population for the denominator. Medical, pharmacy and encounter claims count toward the numerator. In some instances, health plans use approved supplemental data for the numerator.

Antidepressant Medication Management (AMM)

Applicable Foster Care Measure

Measure evaluates percentage of members 18 years and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment between May 1 of the prior year through April 30 of the measurement year.

Two rates are reported:

- Effective Acute Phase Treatment: Percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks).
- **Effective Continuation Phase Treatment:** Percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

What is Included?

Medicaid, Medicare, and Marketplace members 18 years and older

Diagnosis Codes** that include members in the measure:

F32.0, F32.1, F32.2, F32.3, F32.4, F32.9, F33.0, F33.1, F33.2, F33.3, F33.41, F33.9

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Antidepressant Medications

Description	Antidepressant Medica	tion Prescription*	
Miscellaneous antidepressants	Bupropion	 Vilazodone 	 Vortioxetine
Monoamine oxidase inhibitors	IsocarboxazidPhenelzine	SelegilineTranylcypromine	
Phenylpiperazine antidepressants	Nefazodone	Trazodone	
Psychotherapeutic combinations	 Amitriptyline- chlordiazepoxide 	 Amitriptyline- perphenazine 	 Fluoxetine- olanzapine
SNRI antidepressants	DesvenlafaxineDuloxetine	LevomilnacipranVenlafaxine	
SSRI antidepressants	CitalopramEscitalopram	FluoxetineFluvoxamine	ParoxetineSertraline
Tetracyclic antidepressants	Maprotiline	Mirtazapine	
Tricyclic antidepressants	AmitriptylineAmoxapineClomipramine	DesipramineDoxepin (>6 mg)Imipramine	NortriptylineProtriptylineTrimipramine

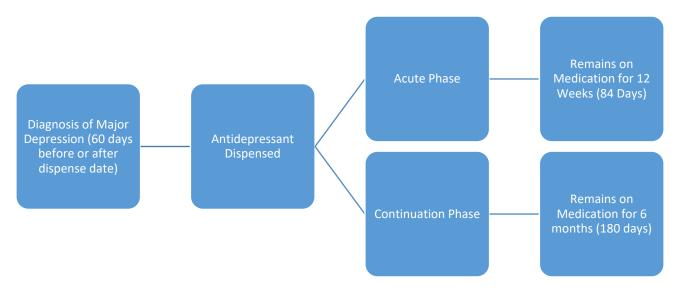
How is Adherence Met?

The Acute Phase is met when the member reaches 84 days of treatment beginning on the date of the first fill through 114 days after.

The Effective Continuation Phase is met when the member reaches 180 days of treatment beginning on the date of the first fill through 230 days after.

AMM Measure At-a-Glance





Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics (APP)

Applicable Foster Care Measure

Measure evaluates percentage of children and adolescents 1 to 17 years of age who had a new prescription for an antipsychotic medication, without a clinical indication and had documentation of psychosocial care as first-line treatment (90 days prior to new prescription through 30 days after).

What is Included?

Medicaid members 1-17 years old who had a new antipsychotic prescription without a diagnosis of schizophrenia, bipolar disorder, other psychotic disorders, autism, or other developmental disorders on at least two different dates of service during the measurement year.

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Miscellaneous antipsychotic agents	 Aripiprazole Asenapine Brexpiprazole Cariprazine Clozapine 	 Iloperidone Loxapine Lurasidone Molindone Olanzapine 	PimozideQuetiapineRisperidoneZiprasidone
	Haloperidol	 Paliperidone 	
Phenothiazine antipsychotics	ChlorpromazineFluphenazinePerphenazine	 Thioridazine Trifluoperazine	
Thioxanthenes	Thiothixene		
Long-acting injections	AripiprazoleAripiprazole lauroxilFluphenazine decanoateHaloperidol decanoate	OlanzapinePaliperidone palmitate	• Risperidone

How is Adherence Met?

Adherence is met with a claim for psychosocial care or residential treatment in the 121-day period prior to the earliest prescription date through 30 days after.

Description	CPT**/HCPCS Codes
Psychosocial Care	90832-90834, 90836-90840, 90845-90847, 90849, 90853, 90875, 90876, 90880, G0176, G0177, G0409-
	G0411, H0004, H0035-H0040 , H2000, H2001,

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	H2011-H2014, H2017-H2020, S0201, S9480, S9484 S9485
Residential Behavioral Health Treatment	H0017, H0018, H0019, T2048

APP Measure At-a-Glance



Follow-Up After Hospitalization for Mental Illness (FUH)

Applicable Foster Care Measure

This measure assesses the percentage of discharges for members ages 6 and older who were hospitalized for treatment of select mental illness or intentional self-harm. Two rates are reported:

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- 1. The percentage of discharges for which the member received follow-up within 30 days after discharge with a mental health provider.
- 2. The percentage of discharges for which the member received follow-up within 7 days after discharge with a mental health provider.

What is included?

Medicaid, Medicare, and Marketplace members 6 and older with an acute inpatient discharge for mental illness or intentional self-harm between January 1 and December 1 of the measurement year. This measure is based on events, not members, so a member may fall into the measure multiple times throughout the measurement period.

Diagnosis Codes* that Include Members in the Measure

F20.0-F94.9 or T40.0X1A-T51.0X4S

How is Adherence Met?

The member has a follow-up within 7 days after discharge with a mental health provider or at an approved setting as outlined by the National Committee for Quality Assurance. If the visit did not occur within 7 days, it must occur within 30 days after discharge. Follow-up visits that occur on the day of discharge will not count.

	Adherent REV, CPT**, and HCPCS Codes
Outpatient visit with a mental health provider	90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255 with POS 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22, 33, 49, 50, 71, 72
BH Outpatient visit with a mental health provider	0902-0904, 0911, 0914-0917, 0982, 0983, 98960-98962, 99078, 99201-99205, 99211-99215, 99241-99245, 99341, 99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99843, 99492-99494, 99510, G0155, G0176, G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036, H0037, H0039, H0040, H2000, H2010, H2013-H2010-H2020, T1015

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Intensive Outpatient or Partial Hospitalization

90791-90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255 with POS 52 or G0410, G0411, H0035, H2001, H2012, S0201, S9480,

S9484, S9485

Community Mental Health

Center

0902-0904, 0911, 0914-0917, 0982, 0983, 90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255, 98960, 98961, 98962, 99078, 99201-99205, 99211-99215, 99241-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99483, 99492-99494, 99510, G0155, G0176, G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036, H0037, H0039, H0040, H2000-H2011, H2013-H2020, T1015, 99217-99220, 99495, 99496 with POS 53

Electroconvulsive Therapy

90870 with POS 24, 53, 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19,

20, 22, 33, 49, 50, 71, 72, 52

Telehealth with a mental

health provider

90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255

with POS 02, 10

Observation with a mental

health provider

99217, 99218, 99219, 99220

Transitional care

management with a

mental health provider

99495, 99496

Behavioral healthcare

setting:

0513, 0900-0905, 0907, 0911-0917, 0919

Telephone with a mental

health provider

98966-98968, 99441-99443

Psychiatric collaborative

99492-99494, G0512

care

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FUH Measure At-A-Glance

Discharge from inpatient with a mental illness or intentional self harm diagnosis Member adheres to a follow-up visit within 7 days after discharge With a Mental Health Provider or at an Approved Setting

If the member is not seen within 7 days, a 30 day visit must occur

Follow-Up After Emergency Department Visit for Mental Illness (FUM)

Applicable Foster Care Measure

This measure assesses the percentage of emergency department visits for members ages 6 and older with a principal diagnosis of mental illness or intentional self-harm who had a follow-up visit for mental illness. Two rates are reported:

- 1. The percentage of ED visits for which the member received follow-up within 30 days of the ED visit (31 total days).
- 2. The percentage of ED visits for which the member received follow-up within 7 days of the ED visit (8 total days).

What is included?

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Medicaid and Medicare members 6 and older with an ED visit with a principal diagnosis of mental illness or intentional self-harm between January 1 and December 1 of the measurement year. This measure is based on ED events, not members, so a member may fall into the measure multiple times throughout the measurement period. ED visits that result in an inpatient stay within 30 days are not included.

Diagnosis Codes* that Include Members in the Measure

Mental Illness or Intentional Self Harm

How is Adherence Met?

Adherence is met with a follow-up visit with any practitioner, with a principal diagnosis of a mental health disorder **or** with a principal diagnosis of intentional self-harm **and** any diagnosis of a mental health disorder on the claim. If the follow-up did not occur within 7 days, it must occur within 30 days of the ED visit.

Outpatient visit	90791, 90792, 90832-90834, 90836-908	40. 90845. 90847. 90849.

90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255 with POS: 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22,

33, 49, 50, 71, 72

BH outpatient visit 98960-98962, 99078, 99201-99205, 99211-99215, 99241-99245, 99341-

99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99843, 99492-99494, 99510, G0155, G0176, G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036, H0037, H0039,

H0040, H2000, H2010, H2011, H2013-H2020, T1015

Intensive outpatient encounter or

partial hospitalization.

90791-90792, 90832-90834, 90836-90840, 90845, 90847, 90849,

90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-

99255 with POS 52 or G0410, G0411, H0035, H2001, H2012, S0201,

S9480, S9484, S9485

An outpatient visit at a community

mental health center

90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849,

90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-

99255 with POS 53

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Observation visit 99217, 99218, 99219, 99220

Telehealth visit 90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849,

90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-

99255 with POS 02, 10

Telephone Visit 98966-98968, 99441-99443

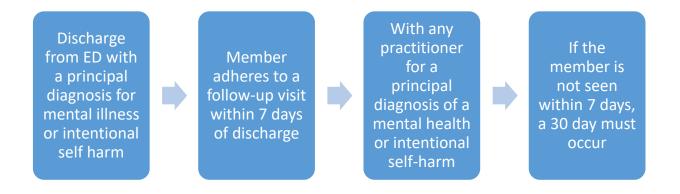
An e-visit or virtual check-in visit 98969-98972, 98980, 98981, 99421-99444, 99457, 99458, G0071,

G2010, G2012, G2061-G2063, G2250-H2252

Electroconvulsive Therapy visit 90870 with POS 24, 53, 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19,

20, 22, 33, 49, 50, 71, 72, 52

FUM Measure At-A-Glance



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Adherence to Antipsychotic Medications for Individuals with Schizophrenia (SAA)

This measure assesses the percentage of members 18 years of age and older during the measurement year with schizophrenia or schizoaffective disorder who were dispensed and remained on an antipsychotic medication for at least 80% of their treatment period.

What is Included?

Medicaid and Medicare members 18 years and older

Diagnosis Codes** that include members in the measure:

F20.0-F20.5, F20.81, F20.89, F20.9, F25.0, F25.1, F25.8, F25.9

Antipsychotic Medications

Antipsychotic Medications			
Description		Prescription	
Miscellaneous antipsychotic agents	 Aripiprazole Asenapine Brexpiprazole Cariprazine Clozapine Haloperidol 	 Iloperidone Loxapine Lumateperone Lurasidone Molindone Olanzapine 	PaliperidoneQuetiapineRisperidoneZiprasidone
Phenothiazine antipsychotics	ChlorpromazineFluphenazine	PerphenazineProchlorperazine	ThioridazineTrifluoperazine
Psychotherapeutic combinations	Amitriptyline-perphena	azine	
Thioxanthenes	Thiothixene	•	•
Long-acting injections	AripiprazoleAripiprazole lauroxilFluphenazine decanoate	Haloperidol decanoateOlanzapine	Paliperidone palmitateRisperidone

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How is Adherence Met?

When the member achieves a proportion of days covered (PDC) of at least 80% for their antipsychotic medication(s) during the measurement year.

- The treatment period begins on the index prescription start date (IPSD); use the earliest prescription dispensing date for any antipsychotic medication.
- The PDC is defined as the number of days a member is covered by at least one antipsychotic medication prescription, divided by the number of days in the treatment period.

SAA Measure At-a-Glance

Member is diagnosed with schizophrenia or schizoaffective disorder

Member is dispensed at PDC of at least 80% during the measurement year



Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia (SMC)

The percentage of members 18–64 years of age with schizophrenia or schizoaffective disorder and cardiovascular disease, who had an LDL-C test during the measurement year.

What is included?

Medicaid members ages 18-64

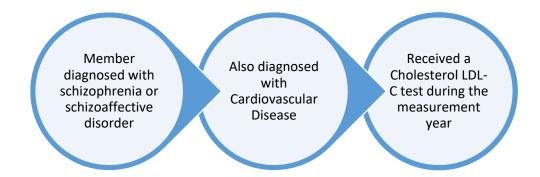
How is Adherence Met?

Adherence is met when the member has at least one LDL-C test between January 1 and December 31 of the measurement year.

Diagnosis	ICD-10 Codes	
Schizophrenia	F20.0-20.3, F20.5, F20.81, F20.89-20.9, F25.0-25.1, F25.8-25.9	
Cardiovascular Disease	Use the appropriate code family: AMI, CABG, PCI, or IVD	
Test	CPT** Codes	
LDL-C	80061, 83700, 83701, 83704, 83721	
	CAT-II: 3048F, 3049F, 3050F	



SMC Measure At-a-Glance



Diabetes Monitoring for People with Diabetes and Schizophrenia (SMD)

The percentage of members 18-64 years old with schizophrenia or schizoaffective disorder and diabetes who had both an LCL-C test and an HbA1c test during the measurement year.

What is included?

Medicaid members ages 18-64.

How is Adherence Met?

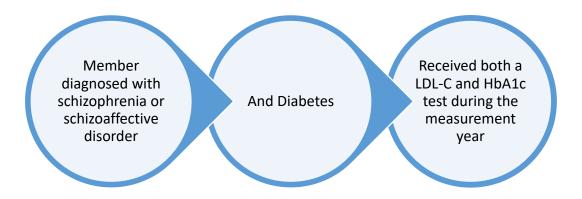
Adherence is met when the member has an LDL-C and HbA1c test between January 1 and December 31 of the measurement year.

Test	CPT** Codes
HbA1c	83036, 83037
	CAT-II: 3044F, 3046F, 3051F, 3052F
LDL-C	80061, 83700, 83701, 83704, 83721
	CAT-II: 3048F, 3049F, 3050F

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SMD Measure At-a-Glance



Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications (SSD)

This measure assesses adults 18–64 years of age with schizophrenia or bipolar disorder, who were dispensed an antipsychotic medication and had a diabetes screening test during the measurement year.

What is included?

Medicaid members ages 18-64

How is Adherence Met?

When the member has at least one HbA1c or blood glucose test in the measurement year.

Diagnosis Codes** that include members in the measure:

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F20.0-F20.5, F20.81, F20.89, F20.9, F25.0, F25.1, F25.8, F25.9 F30.10-F30.13, F30.2-F30.4, F30.8-F30.9, F31.10-F31.13, F31.2, F31.30-F31.32, F31.4-F31.5, F31.60-F31.64, F31.70-F31.78

Antipsychotic Medications

Description		Prescription	
Miscellaneous antipsychotic agents	 Aripiprazole Asenapine Brexpiprazole Cariprazine Clozapine Haloperidol 	 Iloperidone Loxapine Lumateperone Lurasidone Molindone Olanzapine 	PaliperidoneQuetiapineRisperidoneZiprasidone
Phenothiazine antipsychotics Psychotherapeutic	ChlorpromazineFluphenazineAmitriptyline-perphena	Perphenazine Prochlorperazine azine	Thioridazine Trifluoperazine
combinations Thioxanthenes	Thiothixene		
Long-acting injections	AripiprazoleAripiprazole lauroxilFluphenazine decanoate	Haloperidol decanoateOlanzapine	Paliperidone palmitateRisperidone

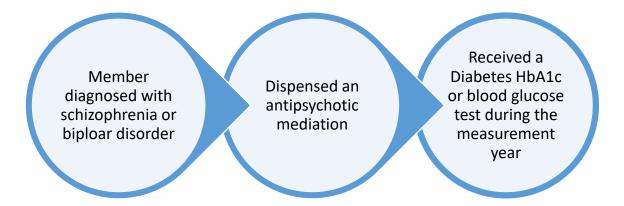
Lab Test CPT**

Test	CPT** Codes
HbA1c	83036, 83037
	CAT-II: 3044F, 3046F, 3051F, 3052F
LDL-C	80061, 83700, 83701, 83704, 83721
	CAT-II: 3048F, 3049F, 3050F
Blood Glucose	80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951

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SSD Measure At-a-Glance



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Administrative Measures-Substance Use

Risk of Continued Opioid Use (COU)

This measure evaluates percentage of members 18 years and older who have a new episode of opioid use that puts them at risk for continued opioid use. Two rates are reported:

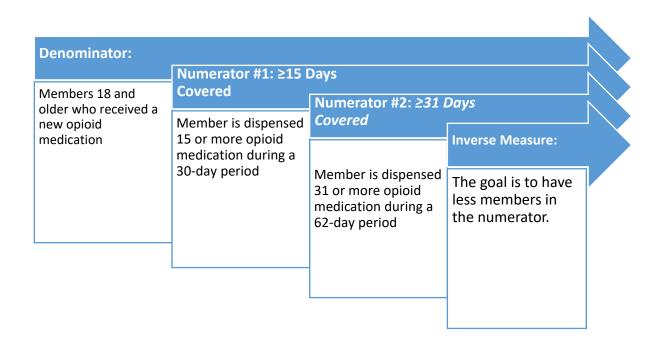
- 1. The percentage of members with at least 15 days of prescription opioids in a 30-day period
- 2. The percentage of members with at least 31 days of prescription opioids in a 62-day period

What is included?

Medicaid and Medicare members 18 and older as of November 1 of the year prior to the measurement year. Data is captured utilizing pharmacy claims data for opioid medications filled.

COU Measure At-A-Glance





Follow-Up After Emergency Department Visit for Substance Use (FUA)

Applicable Foster Care Measure

This measure assesses the percentage of emergency department visits for members ages 13 and older with a principal diagnosis of substance use disorder (SUD) or any diagnosis of drug overdose. Two rates are reported:

- 1. The percentage of ED visits for which the member received follow-up within 30 days of the ED visit (31 total days).
- 2. The percentage of ED visits for which the member received follow-up within 7 days of the ED visit (8 total days).

What is included?

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Medicaid and Medicare members 13 and older. This measure is based on ED events, so a member may fall into the measure multiple times throughout the measurement period.

How is Adherence Met?

When the member adheres to a 7-day follow-up visit or pharmacotherapy dispensing event. If the follow-up did not occur within 7 days, it must occur within 30 days of discharge. The visit can be with any practitioner for a diagnosis of SUD or drug overdose or with an approved mental health provider.

Adherent Diagnosis/CPT**/HCPCS Codes:

Principal diagnosis: F10.10-F19.99 (excludes remission codes), or T40.0X1A-T51.0X4S with one of the following:

Outpatient visit with any diagnosis of SUD, substance use, or drug overdose or with a mental health provider

90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255 with POS 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22, 33, 49, 50, 71, 72

BH outpatient visit with a mental health provider

0902-0904, 0911, 0914-0917, 0982, 0983, 98960-98962, 99078, 99201-99205, 99211-99215, 99241-99245, 99341, 99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99843, 99492-99494, 99510, G0155, G0176, G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036, H0037, H0039, H0040, H2000, H2010, H2013-H2010-H2020, T1015

Intensive outpatient or partial hospitalization with any diagnosis of SUD, substance use, or drug overdose or with a mental health provider

90791-90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255 with POS 52 or G0410, G0411, H0035, H2001, H2012, S0201, S9480, S9484, S9485

Non-residential substance abuse treatment facility with any diagnosis of SUD, substance use, or drug overdose or with a mental health provider 90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255 with POS 57, 58

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Community mental health center with any diagnosis of SUD, substance use, or drug overdose

0902-0904, 0911, 0914-0917, 0982, 0983, 90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255, 98960, 98961, 98962, 99078, 99201-99205, 99211-99215, 99241-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99483, 99492-99494, 99510, G0155, G0176, G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036, H0037, H0039, H0040, H2000-H2011, H2013-H2020, T1015, 99217-99220, 99495, 99496 with POS 53

Observation with any diagnosis of SUD, substance use, or drug overdose or with a mental health provider

99217, 99218, 99219, 99220

Peer support service with any diagnosis of SUD, substance use, or drug overdose

G0177, H0024, H0025, H0038-H0040, H0046, H2017, H2023, S9445, T1012, T1016

Telehealth with any diagnosis of SUD, substance use, or drug overdose or with a mental health provider

90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255 with POS 02, 10

Telephone with any diagnosis of SUD, substance use, or drug overdose or with a mental health provider

98966-98968, 99441-99443

An e-visit or virtual check-in with any diagnosis of SUD, substance use, or drug overdose or with a mental health provider 98969-98972, 98980, 98981, 99421-99444, 99457, 99458, G0071, G2010, G2012, G2061-G2063, G2250-H2252

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A behavioral health screening or assessment for SUD or mental health disorders 99408, 99409, G0396, G0397, G0442, G2011, H0001, H0002, H0031, H0049

ricaltii disorders

A substance use service

H0006, H0028

A pharmacotherapy dispensing event

Disulfiram (oral), Naltrexone (oral and injectable), Acamprosate (oral; delayed-release tablet), Buprenorphine (sublingual tablet, injection, implant), Buprenorphine/naloxone (sublingual tablet, buccal film, sublingual film)

G2069, G2070, G2072, G2073, H0020, H0033, J0570-J0575, J2315, Q9991, Q9992, S0109

FUA Measure At-A-Glance

Discharge from ED with a principal diagnosis for SUD or drug overdose Member adhers to a follow-up visit within 7 days of discharge With any practioner for any diagnosis of SUD or drug overdose Or with a Mental Health Provider

If the member is not seen within 7 days, a 30 day visit must occur

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Follow-Up After High-Intensity Care for Substance Use Disorder (FUI)

This measure assesses the percentage of acute inpatient hospitalizations, residential treatment, or withdrawal management event for a diagnosis of substance use disorder. Two rates are reported:

- 1. The percentage of discharges for which the member received follow-up for substance use disorder within 30 days after discharge.
- 2. The percentage of discharges for which the member received follow-up for substance use disorder within 7 days after discharge.

What is included?

Medicaid and Medicare members 13 and older. This measure is based on events, so a member may fall into the measure multiple times throughout the measurement period.

Diagnosis Codes* that Include Members in the Measure

F10.10-F19.29 (excludes readmission codes)

How is Adherence Met?

Adherence is met with a follow-up visit or event with any practitioner for a principal diagnosis of substance use disorder.

Adherent Diagnosis/CPT**/HCPCS Codes

Principal diagnosis: F10.10-F19.99 (excludes remission codes) with one of the following:

Acute or nonacute inpatient 0100-1002

admission or residential behavioral

health stay

Outpatient visit 0902-0904, 0911, 0914-0917, 0982, 0983, 90791, 90792, 90832-90834,

90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 98960-98962, 99078, 99201-99205, 99211-99215, 99221-99223, 99231-99233, 99238-99239, 99241-99245, 99251-99255, 99341, 99345, 99347-99350,

99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99843, 99492-99494, 99510, G0155, G0176, G0177, G0409, G0463, G0512,

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H0002, H0004, H0031, H0034, H0036, H0037, H0039, H0040, H2000, H2010, H2013-H2010-H2020, T1015 with POS 03, 05, 07, 09, 11, 12, 13,

14, 15, 16, 17, 18, 19, 20, 22, 33, 49, 50, 71, 72

Intensive outpatient or partial

hospitalization

90791-90792, 90832-90834, 90836-90840, 90845, 90847, 90849,

 $90853, 90875 \hbox{-} 90876, 99221 \hbox{-} 99223, 99231 \hbox{-} 99233, 99238 \hbox{-} 99239, 99251 \hbox{-}$

99255 with POS 52 or G0410, G0411, H0035, H2001, H2012, S0201,

S9480, S9484, S9485

Non-residential substance abuse

treatment facility

90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849,

90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-

99255 with POS 57, 58

Community mental health center 0902-0904, 0911, 0914-0917, 0982, 0983, 90791, 90792, 90832-90834,

90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255, 98960, 98961,

98962, 99078, 99201-99205, 99211-99215, 99241-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99483, 99492-99494, 99510, G0155, G0176, G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036, H0037, H0039, H0040, H2000-H2011, H2013-H2020, T1015, 99217-99220, 99495, 99496 with

POS 53

Telehealth visit 90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849,

90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-

99255 with POS 02, 10

A substance use service H0006, H0028

An opioid treatment service that

bills monthly or weekly

G2071, G2074-G2077, G2080, G2086, G2087

An observation visit 99217-99220

Residential behavioral health

treatment

H0017-H0019, T2048

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A telephone visit 98966-98968, 99441-99443

An e-visit or virtual check-in 98969-98972, 98980, 98981, 99421-99444, 99457, 99458, G0071,

G2010, G2012, G2061-G2063, G2250-H2252

A pharmacotherapy dispensing

event

Naltrexone (oral and injectable), Buprenorphine (sublingual tablet, injection, implant), Buprenorphine/naloxone (sublingual tablet, buccal

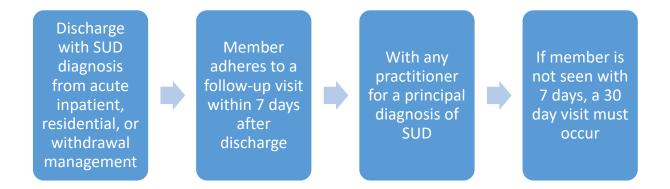
film, sublingual film)

G2069, G2070, G2072, G2073, H0020, H0033, J0570-J0575, J2315,

Q9991, Q9992, S0109, G2067-G2070, G2072, G2073

Note: Methadone is not included

FUI Measure At-A-Glance



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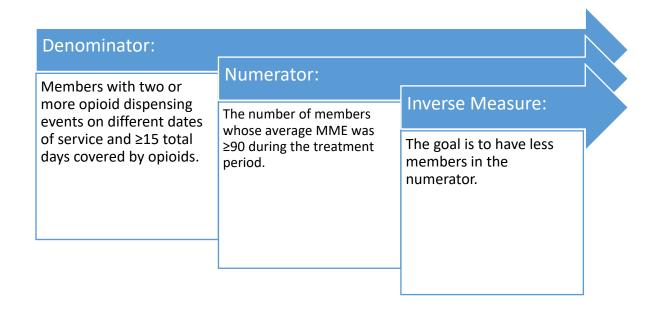
Use of Opioids at High Dosage (HDO)

Measure evaluates the percentage of members 18 and older receiving prescription opioids at a high dosage (average morphine milligram equivalent dose [MME] \geq 90) for \geq 15 days during the measurement year.

What is included?

Medicaid and Medicare members 18 years and older as of January 1 of the measurement year.

HDO Measure At-A-Glance





Initiation and Engagement of Substance Use Disorder Treatment (IET)

Applicable Foster Care Measure

This measure assesses the percentage of new substance use disorder episodes that result in treatment initiation and engagement. Two rates are reported:

- 1. *Initiation of SUD Treatment*. The percentage of new SUD episodes that result in treatment initiation through an inpatient SUD admission, outpatient visit, intensive outpatient encounter, partial hospitalization, telehealth visit or medication treatment within 14 days.
- 2. Engagement of SUD Treatment. The percentage of new SUD episodes that have evidence of treatment engagement within 34 days of initiation.

What is included?

Medicaid, Medicare, and Marketplace members 13 and older. This measure includes episodes diagnosed by primary care providers (PCP) and other non-behavioral health providers.

Diagnosis Codes* that Include Members in the Measure

F10.10-F19.29 (excludes readmission codes)

How is Adherence Met?

Adherence is met for initiation when the member initiates treatment for SUD through an IP SUD admission, outpatient visit, intensive outpatient encounter, partial hospitalization, telehealth visit or medication treatment event within 14-days of the SUD episode. Adherence is met for engagement when the member has (any combination of) two SUD visits or medication treatment events on the day after the initiation encounter through 34 days after.

Adherent Diagnosis/CPT**/HCPCS Codes

Principal diagnosis: F10.10-F19.99 (excludes remission codes) with one of the following:

Acute or nonacute inpatient admission

0100-101, 0110-114, 0116-124, 0126-134, 0136-144, 0146-154, 0156-160, 0164, 0167, 0169-174, 0179, 0190-194, 0199-204, 0206-214,

0219, 1000-1002

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Outpatient visit 90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849,

90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255 with POS: 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18,

19, 20, 22, 33, 49, 50, 71, 72

BH outpatient visit 98960-98962, 99078, 99201-99205, 99211-99215, 99241-99245,

99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99843, 99492-99494, 99510, G0155, G0176, G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036, H0037, H0039, H0040, H2000, H2010, H2011, H2013-H2020, T1015

Intensive outpatient encounter or

partial hospitalization.

90791-90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239,

99251-99255 with POS 52 or G0410, G0411, H0035, H2001, H2012,

S0201, S9480, S9484, S9485

Non-residential substance abuse

treatment facility

90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849,

90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239,

99251-99255 with POS 57, 58

An outpatient visit at a community

mental health center

90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849,

90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239,

99251-99255 with POS 53

Observation visit 99217, 99218, 99219, 99220

Telehealth visit 90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849,

90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239,

99251-99255 with POS 02, 10

Telephone Visit 98966-98968, 99441-99443

An e-visit or virtual check-in visit 98969-98972, 98980, 98981, 99421-99444, 99457, 99458, G0071,

G2010, G2012, G2061-G2063, G2250-H2252

A substance use service H0006, H0028

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Opioid treatment service that bills

monthly or weekly

G2071, G2074-G2077, G2080, G2086, G2087

An alcohol use disorder medication

dispensing event

Disulfiram (oral), Naltrexone (oral and injectable), Acamprosate (oral and delayed-release tablet)

An opioid use disorder medication dispensing event

Naltrexone (oral and injectable), Buprenorphine (sublingual tablet, injection, implant), Buprenorphine/naloxone (sublingual tablet, buccal film, sublingual film)

, ,

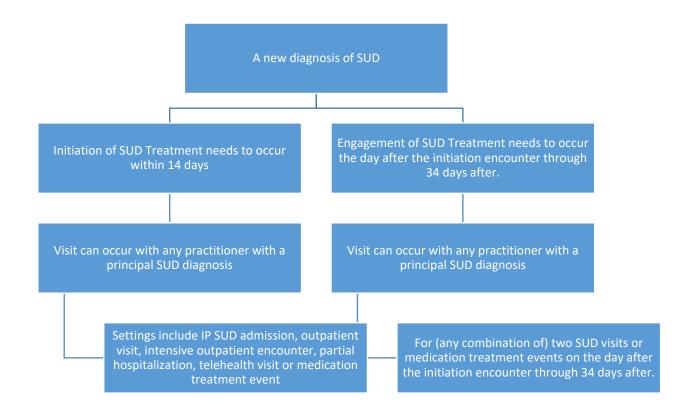
 $\mathsf{G2069}, \mathsf{G2070}, \mathsf{G2072}, \mathsf{G2073}, \mathsf{H0020}, \mathsf{H0033}, \mathsf{J0570}\text{-}\mathsf{J0575}, \mathsf{J2315},$

Q9991, Q9992, S0109, G2067-G2070, G2072, G2073

Note: Methadone is not included

IET Measure At-A-Glance





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Pharmacotherapy for Opioid Use Disorder (POD)

This measure captures the percentage of new opioid use disorder (OUD) pharmacotherapy events with OUD pharmacotherapy for 180 or more days among members aged 16 and older with an OUD diagnosis.

What is included?

Medicaid and Medicare members aged 16 and older.

How is Adherence Met?

The measure is met when the member adheres to OUD pharmacotherapy for 180 days or more without a gap in treatment of more than 8 days.

OUD ICD-10 CODES:

F11.10, F11.120-122, F11.129, F11.13-14, F11.150-151, F11.159, F11.181-182, F11.188, F11.19-20, F11.220-

Description	Treatment Medications	
Antagonist	Naltrexone (oral or injectable)	
Partial Agonist	Buprenorphine (sublingual tablet, injection, or implant)	
Partial Agonist	Buprenorphine/naloxone (sublingual tablet, buccal film, sublingual film)	
Agonist	Methadone (oral, medical claim codes H0020, S10109, G2067, G2078)	

POD Measure At-A-Glance





Use of Opioids from Multiple Providers (UOP)

The percentage of members 18 years and older, receiving prescription opioids for greater than or equal to 15 days during the measurement year from multiple providers. Three rates are reported.

- 1. Multiple Prescribers: The proportion of members receiving prescriptions for opioids from four or more different prescribers during the measurement year.
- 2. Multiple Pharmacies: The proportion of members receiving prescriptions for opioids from four or more different pharmacies during the measurement year.
- 3. Multiple Prescribers and Multiple Pharmacies: The proportion of members receiving prescriptions for opioids from four or more different prescribers and four or more different pharmacies during the measurement year.

What is included?

Medicaid and Medicare members 18 and older as of January 1 of the measurement year.

Opioid Medications					
Benzhydrocodone	Meperidine				
Buprenorphine (transdermal patch and buccal film)	Methadone				

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Butorphanol Morphine

Codeine Opium

Dihydrocodeine Oxycodone

Fentanyl Oxymorphone

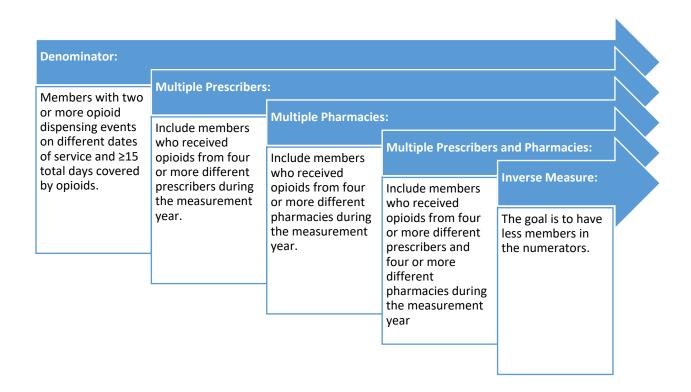
Hydrocodone Pentazocine

Hydromorphone Tapentadol

Levorphanol Tramadol



UOP Measure At-A-Glance



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Electronic Clinical Data Systems (ECDS)

Helpful Hint: HEDIS® quality measures reported using ECDS means secure sharing of patient medical information electronically between systems. Measures that leverage clinical data captured routinely during the care delivery can reduce the burden on providers to collect data for quality reporting. It is part of the National Committee for Quality Assurance's (NCQA) larger strategy to enable a Digital Quality System and is aligned with the industry's move to digital measures and provides a method to collect, and report structured electronic clinical data for HEDIS quality measurement and improvement.

Provider tips:

- Understand the ECDS measures and the coding associated with electronic data transmission.
- Contact your health plan Provider representative to establish an electronic data transfer with the plan if your organization does not already have one.
- Make full use of CPT II codes to submit care quality findings for performance measurement, many HEDIS gaps could be closed via claims if CPT II codes were fully utilized.
- Ensure the EMR systems are set up to link the clinical and behavior health entries to LOINC (Logical Observation identifiers, Names and Codes) and SNOMED (Systemized Nomenclature of Medicine-Clinical Terms).
 - There are several behavioral health screenings that can only be represented by LOINC codes for the purposes of HEDIS reporting and can be extracted from EMR systems.
 - SNOMED codes represent both diagnoses and procedures as well as clinical findings and are the industry standard for classifying clinical data in EMR systems and can be extracted from EMR systems.
 - Because LOINC codes and SNOMED codes can only be obtained through supplemental data feeds, it is important that health plans and the provider community embrace the sharing of these EMR data to ensure the quality of care our members are receiving.



Follow-Up Care for Children Prescribed ADHD Medication (ADD-E)

Applicable Foster Care Measure

This measure assesses the percentage of children <u>newly</u> prescribed ADHD medication, who had at least three follow-up care visits within a 10-month period, one of which was within 30 days of when the first ADHD medication was dispensed. The measure has two phases:

- 1. **Initiation Phase:** Assesses children 6-12 years of age who were diagnosed with ADHD and had one follow-up visit with a practitioner with prescribing authority within 30 days of their first prescription of ADHD medication. The visit can occur via face-to-face, telehealth, or telephone.
- 2. **Continuation & Maintenance Phase:** Assesses children 6-12 years of age who had a prescription for ADHD medication and remained on the medication for at least 210 days and had at least two follow-up visits with a practitioner in the nine months following the Initiation Phase. <u>One</u> of the two visits can be an e-visit or virtual check-in and the other can be via telehealth, phone or face-to-face.

What is Included?

- Medicaid members aged 6-12 years old.
- **New** prescription (no fill 120 days prior) for ADHD medication between March 1 of the year prior through the last calendar day of February of the measurement year)

Description		Prescription	
CNS stimulants	DexmethylphenidateDextroamphetamine	LisdexamfetamineMethylphenidate	Methamphetamine
Alpha-2 receptor agonists	Clonidine	Guanfacine	
Miscellaneous ADHD medications	Atomoxetine		

How is Adherence Met?

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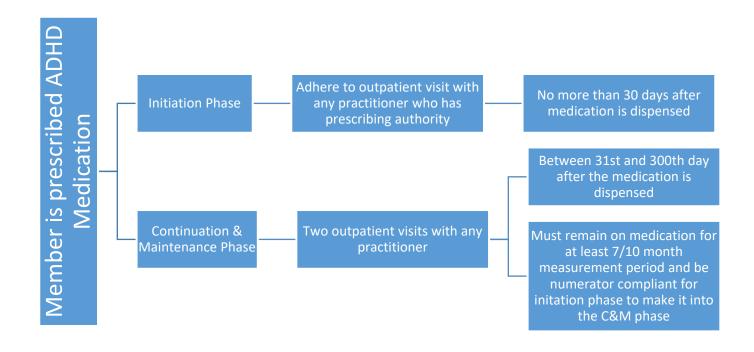


- The Initiation Phase is met when the child is prescribed a new ADHD medication and attends a follow-up
 visit with a practitioner with prescribing authority within 30 days of the first ADHD medication
 prescription dispensing date.
- The Continuation & Maintenance Phase is met when the child has remained on the ADHD medication for at least 210 days and has had at least two more visits with any practitioner in the nine months following the Initiation Phase.

Description	**CPT/CAT II/LOINC/SNOWMED	
Outpatient POS:	POS : 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18,	
	19, 20, 22, 33, 49, 50, 71, 72	
Health and Behavioral Assessment or	CPT: 96156, 96158, 96159, 96164, 96165, 96167,	
Intervention:	96168, 96170, 96171	
Online assessments:	CPT : 98960, 98970, 98971, 98972, 99421, 99422,	
	99423, 99457	
	HCPCS: G0071, G2010, G2012,	
Telephone visits:	CPT: 98966, 98967, 98968, 99441, 99442, 99443	
	SNOWMED: 185317003, 314849005, 386472008,	
	386473003, 401267002	

ADD Measure At-a-Glance





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Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM-E)

Applicable Foster Care Measure

This measure assesses children and adolescents 1-17 years of age who had at least two or more antipsychotic medication dispensing events of the same or different medications, on different dates of services during the measurement year and had metabolic testing. Three rates are reported:

- At least one blood glucose or HbA1c test.
- At least one LDC-C test.
- At least one blood glucose or HbA1c and at least one LDL-C test.

How is Adherence Met?

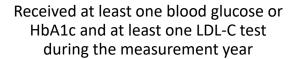
Adherence is met when the member has at least one blood glucose or HbA1c and LDL-C test in the measurement year.

Lab Test	CPT** Codes	LOINC Codes
HbA1c	83036, 83037	17855-8, 17856-6, 4548-4, 4549-2, 96595-4
	CAT-II: 3044F, 3046F, 3051F, 3052F	
Blood Glucose	80047, 80048, 80050, 80053, 80069,	10450-5, 1492-8, 1494-4, 1496-9, 1501-6, 1504-0,
	82947, 82950, 82951	1507-3, 1514-9, 1518-0, 1530-5 1533-9 1554-5,
		1557-8, 1558-6, 17865-7, 20436-2, 20437-0,
		20438-8, 20440-4, 2345-7, 26554-6, 41024-1,
		49134-0, 6749-6, 9375-7
Cholesterol or	82465, 83718, 83722, 84478, 80061,	2085-9, 2096-3, 2571-8, 3043-7, 9830-1, 12773-8,
LDL-C	83700, 83701, 83704, 83721	13457-7, 18261-8, 18262-6, 2089-1, 49132-4,
	CAT-II: 3048F, 3049F, 3050F	55440-2, 96259-7

APM Measure At-A-Glance



Member has two or more antipsychotic dispensing events



Depression Screening and Follow-Up for Adolescents and Adults (DSF-E)

This measure assesses the percentage of members 12 years of age and older who were screened for clinical depression using a standardized instrument and, if screened positive, received follow-up care.

- 1. *Depression Screening.* The percentage of members who were screened for clinical depression using a standardized instrument.
- 2. Follow-Up on Positive Screen. The percentage of members who received follow-up care within 30 days of a positive depression screen finding.

What is included?

Medicaid, Medicare, and Marketplace (*proposed) members aged 12 and older.

Depression Screening instrument: A standard assessment instrument that has been normalized and validated for the appropriate patient population. Eligible screening instruments with thresholds for positive findings include:

Instruments for Adolescents (≤17 years)	Total Score LOINC Codes	Positive Finding
Patient Health Questionnaire (PHQ-9)®	44261-6	Total score ≥10
Patient Health Questionnaire Modified for Teens (PHQ-9M)®	89204-2	Total score ≥10

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Patient Health Questionnaire-2 (PHQ-2)®	55758-7	Total score ≥3
Beck Depression Inventory-Fast Screen (BDI-FS)®	89208-3	Total score ≥8
Center for Epidemiologic Studies Depression Scale— Revised (CESD-R)	89205-9	Total score ≥17
Edinburgh Postnatal Depression Scale (EPDS)	71354-5	Total score ≥10
PROMIS Depression	71965-8	Total score (T Score) ≥60

Instruments for Adults (18+ years)	Total Score LOINC Codes	Positive Finding
Patient Health Questionnaire (PHQ-9)®	44261-6	Total score ≥10
Patient Health Questionnaire-2 (PHQ-2)®	55758-7	Total score ≥3
Beck Depression Inventory-Fast Screen (BDI-FS)®	89208-3	Total score ≥8
Beck Depression Inventory (BDI-II)	89209-1	Total score ≥20
Center for Epidemiologic Studies Depression Scale—Revised (CESD-R)	89205-9	Total score ≥17
Duke Anxiety—Depression Scale (DUKE-AD)®	90853-3	Total score ≥30
Geriatric Depression Scale Short Form (GDS)	48545-8	Total score ≥5
Geriatric Depression Scale Long Form (GDS)	48544-1	Total score ≥10
Edinburgh Postnatal Depression Scale (EPDS)	48544-1	Total score ≥10
My Mood Monitor (M-3)®	71777-7	Total score ≥5
PROMIS Depression	71965-8	Total score (T Score) ≥60
Clinically Useful Depression Outcome Scale (CUDOS)	90221-3	Total score ≥31
Description	Codes*	

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Behavioral Health Encounter	CPT: 90791, 90792, 90832-90839, 90845-90849, 90853, 90865- 90869, 90870, 90875, 90876, 90880, 90887, 99484, 99492, 99493
Bipolar Disorder	ICD10: F30.10-F30.13, F30.2- F30.9, F31.0, F31.10- F31.13, F31.2, F31.30- F31.32, F31.4, F31.5, F31.60-F31.64, F31.70- F31.78
Depression	ICD10: F01.51, F01.511, F01.518, F32.0- F32.5, F32.81, F32.89, F32.9, F32.A, F33.0- F33.3, F33.40- F33.42, F33.8, F33.9, F34.1, F34.81, F34.89, F43.21, F43.23, F53.0, F53.1, O90.6, O99.340- O99.345
Depression Case Management Encounter	CPT: 99366, 99492- 99494 HCPCS: G0512, T1016, T1017, T2022, T2023
Depression or Other Behavioral Health Condition	ICD10: F01.51, F01.511, F01.518, F06.4, F10.180, F10.280, F10.980, F11.188, F11.288, F11.988, F12.180, F12.280, F12.980, F13.180, F13.280, F13.980, F14.180, F14.280, F14.980, F15.180, F15.280, F15.980, F16.180, F16.280, F16.980, F18.180, F18.280, F18.980, F19.180, F19.280, F19.980, F20.0- F20.5, F20.81, F20.89, F20.9, F21-F24, F25.0- F25.9, F28, F29, F30.10- F30.13, F30.2- F30.9, F31.0, F31.10- F31.13, F31.2, F31.30- F31.32, F31.4, F31.5, F31.60- F31.64, F31.70- F31.78, F31.81, F31.89, F31.9, F32.0-F32.9, F32.A, F33.0- F33.9, F34.0- F34.9, F39, F40.00- F40.02, F40.10, F40.11, F40.210, F40.218, F40.220, F40.228, F40.230- F40.233, F40.240-F40.248, F40.290- F40.298, F40.8, F40.9, F41.0-F41.9, F42- F42.9, F43.0, F43.10- F43.12, F43.20-F43.29, F43.8- F43.89, F43.9, F44.89, F45.21, F51.5, F53- F53.1, F60.0- F60.9, F63.0- F63.9, F68.10- F68.13, F68.8, F68.A, F84.0- F84.9, F90.0-

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	F90.9, F91.0- F91.9, F93.0- F93.9, F94.0- F94.9, O90.6, O99.340- O99.345
Follow Up Visit	CPT: 98960- 98968, 98970- 98972, 98980, 98981, 99078, 99202- 99205, 99211- 99215, 99242- 99245, 99341- 99349, 99350, 99381- 99387, 99391- 99397, 99401- 99404, 99411, 99412, 99421- 99423, 99441- 99443, 99457, 99458, 99483
Hospice Encounter	HCPCS: G9473- G9479, Q5003- Q5010, S9126, T2042- T2046
Hospice Intervention	CPT: 99377, 99378 HCPCS: G0182
Other Bipolar Disorder	ICD10: F31.81, F31.89, F31.9

^{*}Codes subject to change

DSF-E Measure At-A-Glance

Member is screened for depression with approve, ageappropriate instrument

Member screens positive for depression

Member receives follow-up care within 30 days of the positive screen

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Depression Remission or Response for Adolescents and Adults (DRR-E)

Measures the percentage of members 12 years of age and older with a diagnosis of depression and an elevated PHQ-9 score, who had evidence of response or remission within 4–8 months of the elevated score.

- **1.** Follow-Up PHQ-9. The percentage of members who have a follow-up PHQ-9 score documented within 4–8 months after the initial elevated PHQ-9 score.
- **2.** *Depression Remission.* The percentage of members who achieved remission within 4–8 months after the initial elevated PHQ-9 score.
- **3.** *Depression Response.* The percentage of members who showed response within 4–8 months after the initial elevated PHQ-9 score.

What is included?

Medicaid and Medicare members ages 12 and older

DRR-E Measure At-A-Glance



	Numerator 1:		
Members with a diagnosis of depression	Numerator 2:		
and an elevated PHQ-9	Depression Follow-Up:		
score	A PHQ-9 total score in the member's record	Depression Remission:	Numerator 3:
	during the depression follow-up period.Member screens positive for depression	Members who achieve remission of depression symptoms, as demonstrated by the most recent PHQ-9 total score of <5 during the depression follow-up period.	Depression Response: Members who indicate a response to treatment for depression, as demonstrated by the most recent PHQ-9 total score of at least 50% lower than the PHQ-9 documented during the depression follow-up period.

Screening Instrument	Codes*	
Patient Health Questionnaire 9 item (PHQ-9) total	LOINC code 44261-6 for members 12 years of age and	
score:	older	
Patient Health Questionnaire 9 item (PHQ-9)	LOINC code 89204-2 or 44261-6 for members 12–17	
modified for teens total score:	years of age)	

Utilization of the PHQ-9 to Monitor Depression Symptoms for Adolescents and Adults (DMS-E)

This measure looks at the percentage of members 12 years of age and older with a diagnosis of major depression or dysthymia, who had an outpatient encounter with a PHQ-9 score present in their record in the same assessment period as the encounter.

The Measurement Period is divided into three assessment periods with specific dates of service:

1. Assessment Period 1: January 1–April 30.

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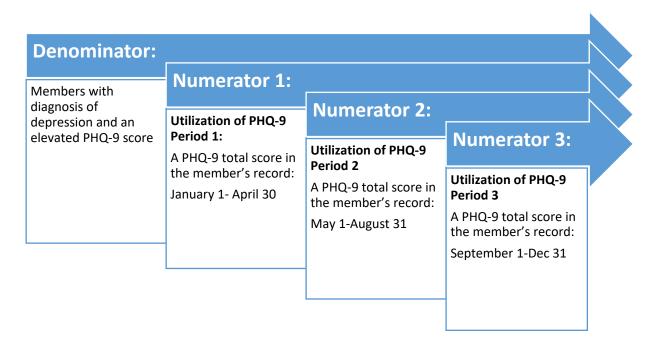


- 2. Assessment Period 2: May 1-August 31.
- 3. Assessment Period 3: September 1-December 31.

What is included?

Medicaid and Medicare members aged 12 and older.

DMS-E Measure At-A-Glance



Screening Instrument	Codes*	
Patient Health Questionnaire 9 item (PHQ-9) total	LOINC code 44261-6 for members 12 years of age and	
score:	older	
Patient Health Questionnaire 9 item (PHQ-9)	LOINC code 89204-2 or 44261-6 for members 12–17	
modified for teens total score:	years of age)	

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Prenatal Depression Screening and Follow-Up (PND-E)

This measure assesses the percentage of deliveries in which members were screened for clinical depression while pregnant and, if screened positive, received follow-up care.

- 1. *Depression Screening.* The percentage of deliveries in which members were screened for clinical depression during pregnancy using a standardized instrument.
- 2. *Follow-Up on Positive Screen.* The percentage of deliveries in which members received follow-up care within 30 days of a positive depression screen finding.

What is included?

Medicaid members who deliver during the measurement period.

How is Adherence Met?

- Adherence is met when the member had a documented result for depression screening using a standardized screening instrument during pregnancy.
- If the depression screening is positive, the member must receive follow-up care on or up to 30 days after the date of the first positive screening:
 - An outpatient, telephone, e-visit, or virtual check-in follow-up visit with a diagnosis of depression or other behavioral health condition.
 - A depression case management encounter that documents assessment for symptoms of depression or a diagnosis of depression or other behavioral health condition.
 - A behavioral health encounter, including assessment, therapy, collaborative care or medication management.
 - o A dispensed antidepressant medication.

OR

 Documentation of additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow-up (i.e., a negative screen) on the same day as a positive screen on a brief screening instrument.



PND-E At-A-Glance

 Members with a delivery during the measurement period.

Denominator

Numerator 1— Depression Screening

• A documented result for depression screening, using an age-appropriate standardized instrument, performed on or between pregnancy start date and delivery

 Deliveries in which members received follow-up care on or up to 30 days after the date of the first positive screen (31 total days).

Numerator 2—Follow-Up on Positive Screen

Instruments for Adolescents (≤17 years)	Total Score LOINC Codes*	Positive Finding
Patient Health Questionnaire (PHQ-9)®	44261-6	Total score ≥10
Patient Health Questionnaire Modified for Teens (PHQ- 9M) [®]	89204-2	Total score ≥10
Patient Health Questionnaire-2 (PHQ-2) ^{°1}	55758-7	Total score ≥3
Beck Depression Inventory— Fast Screen (BDI-FS) ^{®1,2}	89208-3	Total score ≥8
Center for Epidemiologic Studies Depression Scale—Revised (CESD-R)	89205-9	Total score ≥17
Edinburgh Postnatal Depression Scale (EPDS)	71354-5	Total score ≥10

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PROMIS Depression	71965-8	Total score (T Score) ≥60
Instruments for Adults (18+ years)	Total Score LOINC Codes	Positive Finding
Patient Health Questionnaire (PHQ-9)®	44261-6	Total score ≥10
Patient Health Questionnaire-2 (PHQ-2)*1	55758-7	Total score ≥3
Beck Depression Inventory— Fast Screen (BDI-FS) ^{®1,2}	89208-3	Total score ≥8
Beck Depression Inventory (BDI-II)	89209-1	Total score ≥20
Center for Epidemiologic Studies Depression Scale—Revised (CESD-R)	89205-9	Total score ≥17
Duke Anxiety-Depression Scale (DUKE-AD)*2	90853-3	Total score ≥30
Edinburgh Postnatal Depression Scale (EPDS)	71354-5	Total score ≥10
My Mood Monitor (M-3)®	71777-7	Total score ≥5
PROMIS Depression	71965-8	Total score (T Score) ≥60
Clinically Useful Depression Outcome Scale (CUDOS)	90221-3	Total score ≥31

¹Brief screening instrument. All other instruments are full-length. ²Proprietary; may be cost or licensing requirement associated with use.

Postpartum Depression Screening and Follow-Up (PDS-E)

Assesses the percentage of deliveries in which members were screened for clinical depression **during the postpartum period**, and if screened positive, received follow-up care (PDS-E). Two rates are reported:

 Depression Screening. The percentage of deliveries in which members were screened for clinical depression using a standardized instrument during the postpartum period (7-84 days following the date of delivery).

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• Follow-Up on Positive Screen. The percentage of deliveries in which members received follow-up care on or up to 30 days after the date of the first positive depression screen finding (31 total days)

What is included?

Medicaid members who delivered during September 8 of the year prior through September 7 of the measurement period.

How is Adherence Met for PDS-E?

- Adherence is met when the member had a documented screening using an age-appropriate standardized instrument during 7 to 84 days following the date of delivery.
- If the depression screening is positive, the member must receive follow-up care on or up to 30 days after the date of the first positive screening:
 - An outpatient, telephone, e-visit, or virtual check-in follow-up visit with a diagnosis of depression or other behavioral health condition.
 - A depression case management encounter that documents assessment for symptoms of depression or a diagnosis of depression or other behavioral health condition.
 - A behavioral health encounter, including assessment, therapy, collaborative care or medication management.
 - A dispensed antidepressant medication.

OR

 Documentation of additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow-up (i.e., a negative screen) on the same day as a positive screen on a brief screening instrument.

PDS-E Measure At-A-Glance



 Members with a delivery during September 8 of the year prior through September 7 of the measurement period.

Denominator

Numerator 1— Depression Screening

 Deliveries in which members had a documented result for depression screening, using an age-appropriate standardized instrument, performed during the 7–84 days following the delivery date. Deliveries in which members received follow-up care on or up to 30 days after the date of the first positive screen (31 total days).

> Numerator 2—Follow-Up on Positive Screen

Instruments for Adolescents (≤17 years)	Total Score LOINC Codes*	Positive Finding
Patient Health Questionnaire (PHQ-9)®	44261-6	Total score ≥10
Patient Health Questionnaire Modified for Teens (PHQ- 9M)°	89204-2	Total score ≥10
Patient Health Questionnaire-2 (PHQ-2) ^{®1}	55758-7	Total score ≥3
Beck Depression Inventory— Fast Screen (BDI-FS) ^{e1,2}	89208-3	Total score ≥8
Center for Epidemiologic Studies Depression Scale—Revised (CESD-R)	89205-9	Total score ≥17
Edinburgh Postnatal Depression Scale (EPDS)	71354-5	Total score ≥10

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PROMIS Depression	71965-8	Total score (T Score) ≥60
Instruments for Adults (18+ years)	Total Score LOINC Codes	Positive Finding
Patient Health Questionnaire (PHQ-9)®	44261-6	Total score ≥10
Patient Health Questionnaire-2 (PHQ-2)*1	55758-7	Total score ≥3
Beck Depression Inventory— Fast Screen (BDI-FS)*1,2	89208-3	Total score ≥8
Beck Depression Inventory (BDI-II)	89209-1	Total score ≥20
Center for Epidemiologic Studies Depression Scale—Revised (CESD-R)	89205-9	Total score ≥17
Duke Anxiety-Depression Scale (DUKE-AD)*2	90853-3	Total score ≥30
Edinburgh Postnatal Depression Scale (EPDS)	71354-5	Total score ≥10
My Mood Monitor (M-3) [®]	71777-7	Total score ≥5
PROMIS Depression	71965-8	Total score (T Score) ≥60
Clinically Useful Depression Outcome Scale (CUDOS)	90221-3	Total score ≥31

¹Brief screening instrument. All other instruments are full-length. ²Proprietary; may be cost or licensing requirement associated with use.

Social Need Screening and Intervention (SNS-E)

The percentage of members who were screened, using prespecified instruments, at least once during the measurement period for unmet food, housing and transportation needs, and received a corresponding intervention if they screened positive.

1. Food Screening. Members with a documented result for food insecurity screening.

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- 2. *Food Intervention*. Members receiving a food insecurity intervention on or up to 30 days after the date of the first positive food insecurity screen.
- 3. *Housing Screening*. Members with a documented result for housing instability, homelessness, or housing inadequacy screening.
- 4. *Housing Intervention*. Members receiving an intervention corresponding to the type of housing need identified on or up to 30 days after the date of the first positive housing screen.
- 5. Transportation Screening. Members documented result for transportation insecurity screening.
- 6. *Transportation Intervention*. Members receiving a transportation insecurity intervention on or up to 30 days after the date of the first positive transportation screen.

What is included?

Medicaid, Medicare, and Marketplace (*proposed) members of any age enrolled at the start of through the last day of the measurement period (Jan. 1-Dec. 31) with no more than one gap in enrollment of up to 45 days.

Note: Members who use hospice services or who died any time during the measurement period and Medicare members 66 years of age and older enrolled in an Institutional SNP (I-SNP) or living long-term in an institution any time during the measurement period are excluded.

How is Adherence Met?

Members identified between January 1 and December 1 through approved screening tools as having food insecurity, housing insecurity (instability, homelessness, inadequacy) and/or transportation insecurity and received an intervention to address the identified insecurity on or up to 30 days after the date of the first positive screening(s).

CAHPS® Experience of Care and Health Outcomes (ECHO) Survey

Appropriate patient care is essential to the overall health of the ones we serve. Annually, NCQA directs health plans to conduct a survey about the member's experience with behavioral health services. The ECHO Behavioral Health Member Experience Survey measures members' experiences and identifies opportunities for health plans and providers to improve quality of care and access to mental health and substance abuse services.

Your patients may be asked the following questions. How do you rate?

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Composite	Sample Questions
Measures	
Getting Treatment Quickly How Well Your	 How often did you get the professional counseling you needed on the phone? When you needed counseling or treatment right away, how often did you see someone as soon as you wanted? Not counting the times, you needed counseling or treatment right away, how often did you get an appointment for counseling or treatment as soon as you wanted? (Always, Usually, Sometimes, Never) How often did the provider listen carefully to you?
Clinician Communicates	 How often did the provider explain things in a way that you could understand? How often did the provider show respect for what you had to say? How often did the provider spend enough time with you? How often were you involved as much as you wanted in your counseling or treatment? (Always, Usually, Sometimes, Never)
Information About Treatment Options	 Were you told about self-help or support groups? Were you given information about different kinds of counseling or treatment that are available? (Yes, No)
Access to Treatment and Information from Health Plan	 How much of a problem, if any, were delays in counseling or treatment while you waited for approval from your health plan? (A big problem, A small problem, Not a problem)
Single Item Measures- Sample Questions	 How often were you seen within 15 minutes of appointment time? Were you told about medication side effects? Were you given information about your rights as a patient? Did you feel that you could refuse a specific type of treatment? Was your care responsive to cultural needs?

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Provider Tips:

- Offer extended hours, telehealth, and various treatment options when possible.
- Let patients know your office hours and how to get after hour care.
- Partner with the health plan and coordinate care with other specialists and primary care physicians to address whole person health and access to timely care.
- Assess culture and linguistic needs and ask your patients what is important to them.
- Offer to coordinate care with other specialists or primary care physicians.
- Obtain release of information forms and explain the purpose of releasing information to other providers.
- Include family/caregivers/identified support in the treatment plan.
- Invite questions and encourage your patient to take notes.
- Use the "teach-back" method.



Health Outcomes Survey (HOS)

The Medicare Health Outcomes Survey (HOS) measures a health plans success in improving and maintaining the functional status of our patients ages 65 and older. A random sample of Medicare patients are surveyed annually and again two years later to assess changes in health status. HOS measures patients' perception of their physical and mental health and overall quality of life and impact the Centers for Medicare & Medicaid Services (CMS) STAR ratings.

Provider Tips:

- Take time to engage and build rapport with the patients.
- Encourage patients to take actions aligning with the HOS measures.
- Encourage office staff to help patients fill out the HOS.
- Remember each HOS measure addresses a different aspect of patient care and patient-provider interaction.

STAR Measure:	Description:	Recommendations to Directly Impact:
Improving or Maintaining Physical Health	Assesses the percentage of patients whose physical health was the same or better after 2 years.	 Ask patients: How far they can walk. If they have trouble with stairs Are they able to shop & cook their own food? Assess your patients' pain & functional status using standardized tools. Provide interventions to improve physical health (i.e., disease management, pain management, physical therapy, or care management) Promote self-management support strategies (i.e., goal setting, action planning, problem solving &follow up to help patients take an active role in improving health
Improving or Maintaining Mental Health	Assesses the percentage of patients whose behavioral health was the same or better after 2 years.	1. Ask patients: — How is their energy level throughout the day? — What do they like to do to socialize?

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		 Does drinking ever get in their way of other important things in life? Assess your patients' symptoms of depression with the PHQ-2 and, when appropriate PHQ-9 Refer patients to behavioral health services or manage depression & anxiety treatment as indicated. Promote web-based programs (i.e., mystrength.com, which provides evidence-based behavioral health self-care
		resources.) 5. Use motivational interviewing to improve treatment engagement & behavioral and physical health outcomes
Monitoring Physical Activity	Assesses the percentage of patients who discussed exercise with their health care provider and were advised to start, increase, or maintain their physical activity within the year.	1. Ask patients about their level of activity, including: - Walking, rolling wheelchair or swimming (aerobic activities) - Carrying laundry, groceries or working in their yard (strength activity) 2. Use motivational interviewing to improve treatment engagement & behavioral and physical health outcomes
Reducing Risk of Falling	Assesses the percentage of patients with falling, walking, or balance problems who discussed these topics with their care providers and received treatment within the year.	1. Ask patients: — If they had a fall in the past year — If they felt dizzy or had problems with balance or walking in the past year. — If they have any vision problems, when was their most recent eye exam. 2. Complete a fall risk assessment & provide resource. and treatment (i.e., referrals for

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Improving Bladder Control Assesses the percentage of patients with urinary incontinence (UI) who discussed problem & treatment options with their care provider.	care management, social worker, eye exam, have office staff verify health plan benefits for OTC) 3. Promote home safety (i.e., removal of throw rugs & clutter to reduce tripping, use of night lights, installing handrails on stairs & grab bars in the bathrooms) 4. Perform medication review to identify medications that increase risk for falls. 5. Provide educational material about fall prevention resources (visit: https://www.cdc.gov/steadi/materials.html) 1. Ask patients; — If they've had any leakage in the past 6 months (Patient may be hesitant to ask about this themselves) — How often & when the leakage problem occurs. — If UI affects their daily life (i.e., social withdrawals, — depression or sleep deprivation) 2. Evaluate the severity and impact of UI on the patient's quality of life and involve them in the decisions about treatment options (i.e., bladder training, pelvic muscle rehab) 3. Have informative brochures & materials visible and available as discussion starters
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